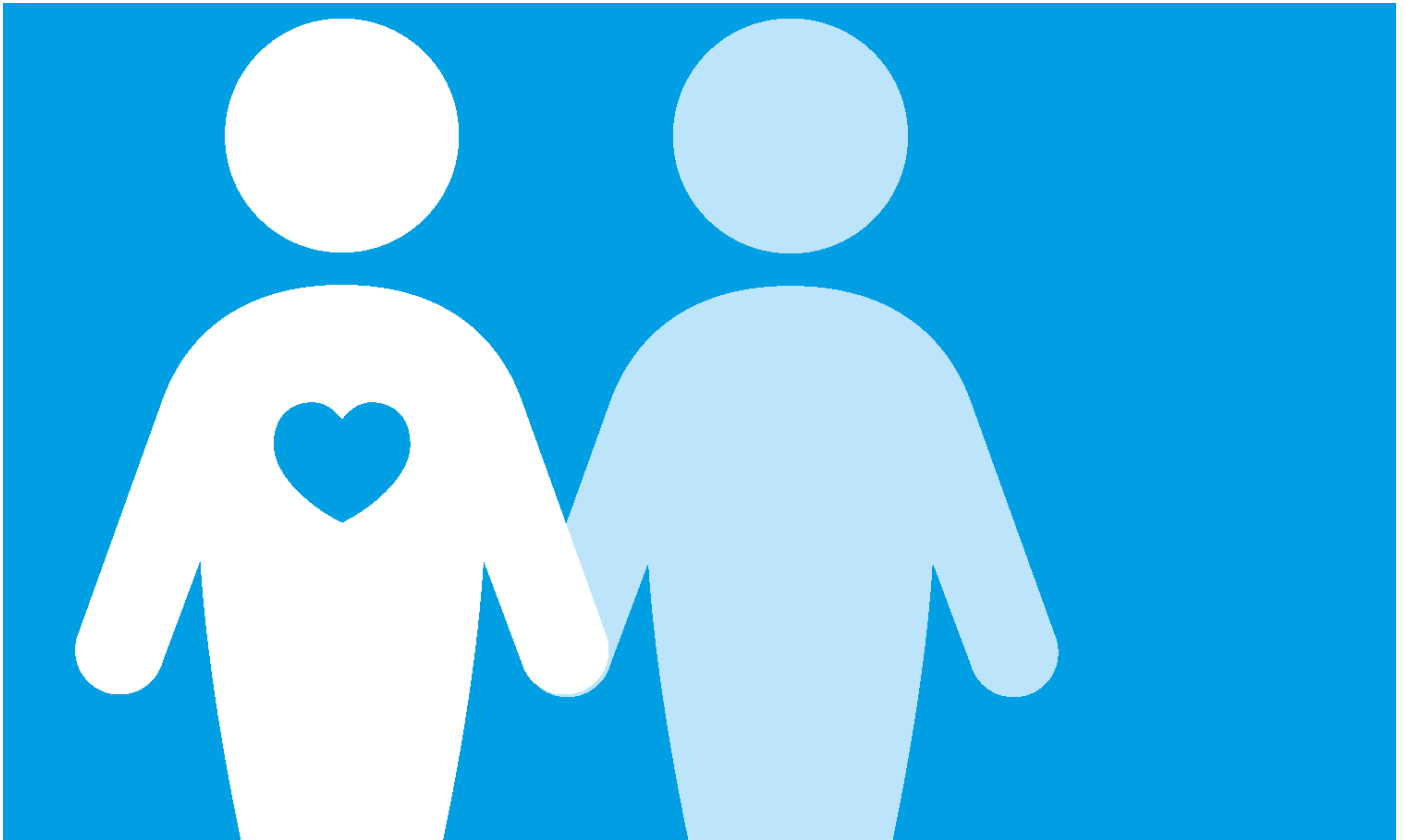


## East Riding Volunteer Befrienders Needed



*Talk, laugh and make a difference in your community*

Our Volunteer Befrienders provide regular friendship visits or telephone calls with the aim of reducing the feelings of social isolation and loneliness.

*For more information on becoming a Volunteer Befriender, contact the Befriending Team:*

Age UK Hull, Silvester House, Silvester Street, The Maltings, Hull, HU1 3HA.

**01482 324644**

[hello@ageukhull.org.uk](mailto:hello@ageukhull.org.uk)

[www.ageuk.org.uk/hull](http://www.ageuk.org.uk/hull)

*Age UK Hull is a registered charity. Registered charity number 1101418*